

Eatology Menu

Address:

3100 30 St, Vernon, BC V1T 5E2, Canada

Phone: +1 236-426-4400

Opening times:

07:00 AM - 03:00 PM

Breaky Menu - Eggs Benny

Full Smoked Salmon & Pesto

Half Smoked Salmon & Pesto

Full Bacon & Tomato

Half Bacon & Tomato

Full Classic Ham

Breaky Menu - Waffles

Chicken 'N' Waffles	CA\$19.00
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Single Waffle	CA\$10.00
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Breaky Menu - Pancakes

Single Plain Cake	CA\$6.00
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Triple Plain Cake	CA\$15.00
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Single Blueberry Cake	CA\$8.00
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Triple Blueberry Cake	CA\$18.00
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Single Choc Chip Cake	CA\$8.00
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Breaky Menu - French Toast

Single Slice French Toast	CA\$5.00
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Triple Slice French Toast	CA\$13.00
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Half Stuffed French Toast - Peach	CA\$10.00
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Full Stuffed French Toast - Peach	CA\$17.00
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Breaky Menu - Hearty

- Big Breaky
- Half Breaky
- Full Mexican Skillet
- Half Mexican Skillet
- Full Corned Beef Hash

Breaky Menu - Light

- Full Avo On Toast
- Half Avo On Toast
- Full Mushroom Toast
- Half Mushroom Toast
- Eggs On Toast

Breaky Menu - Add-Ons/Extras

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|------------------|----------|
| Avo Slices | CA\$4.00 |
| Bacon | CA\$4.00 |
| Egg | |
| 1 GF Potato Cake | CA\$2.00 |
| 2 GF Potato Cake | CA\$4.00 |

Eggs Benny

- Full Smoked Salmon & Pesto
- Half Smoked Salmon & Pesto
- Full Bacon & Tomato
- Half Bacon & Tomato
- Full Classic Ham

Waffles

- | | |
|---------------------|-----------|
| Chicken 'N' Waffles | CA\$19.00 |
| Single Waffle | CA\$10.00 |

Pancakes

- | | |
|-------------------|-----------|
| Single Plain Cake | CA\$6.00 |
| Triple Plain Cake | CA\$15.00 |

Single Blueberry Cake	CA\$8.00
Triple Blueberry Cake	CA\$18.00
Single Choc Chip Cake	CA\$8.00

French Toast

Single Slice French Toast	CA\$5.00
Triple Slice French Toast	CA\$13.00
Half Stuffed French Toast - Peach	CA\$10.00
Full Stuffed French Toast - Peach	CA\$17.00

Hearty

Big Breaky
Half Breaky
Full Mexican Skillet
Half Mexican Skillet
Full Corned Beef Hash

Light

Full Avo On Toast
Half Avo On Toast
Full Mushroom Toast
Half Mushroom Toast
Eggs On Toast

Add-Ons/Extras

Avo Slices	CA\$4.00
Bacon	CA\$4.00
Egg	
1 GF Potato Cake	CA\$2.00
2 GF Potato Cake	CA\$4.00

Lunchy Menu - Salads

Buddha Bowl	CA\$17.00
Cobb Salad	CA\$17.00
Garlic Caesar	CA\$16.00
Taco Salad	CA\$18.00
Tossed Salad	CA\$13.00

Lunchy Menu - Kiddos Menu

Kids Waffle	CA\$6.00
Kids Pancake	CA\$7.00
Kids Breaky Plate	
Kids Mac & Cheese	CA\$10.00
Tenders & Fries	CA\$10.00

Lunchy Menu - Burgers/Sandos

Beef Burger
BBQ Chicken
BLT Almighty
BBQ Pulled Pork & Slaw Sando
Crispy Greek Chicken Burger

Lunchy Menu - Ovens & Others

Bowl Soup-Chicken Veggie (Gf + Df)	CA\$11.00
Cup Soup -Chicken Veg (GF+DF)	CA\$8.00
Dirty Yam Fries	CA\$14.00
Yam Fries	CA\$10.00
Mac & Cheese	CA\$17.00

Lunchy Menu - Extras

Vegan Breaded Chicken	CA\$5.00
Cheddar Cheese	CA\$2.00
Blue Cheese	CA\$2.00
Breaded Chicken Breast	CA\$5.00
Bacon	CA\$4.00

Salads

Buddha Bowl	CA\$17.00
Cobb Salad	CA\$17.00
Garlic Caesar	CA\$16.00
Taco Salad	CA\$18.00
Tossed Salad	CA\$13.00

Kiddos Menu

Kids Waffle	CA\$6.00
Kids Pancake	CA\$7.00
Kids Breaky Plate	
Kids Mac & Cheese	CA\$10.00
Tenders & Fries	CA\$10.00

Burgers/Sandos

Beef Burger	
BBQ Chicken	
BLT Almighty	
BBQ Pulled Pork & Slaw Sando	
Crispy Greek Chicken Burger	

Ovens & Others

Bowl Soup-Chicken Veggie (Gf + Df)	CA\$11.00
Cup Soup -Chicken Veg (GF+DF)	CA\$8.00
Dirty Yam Fries	CA\$14.00
Yam Fries	CA\$10.00
Mac & Cheese	CA\$17.00

Extras

Vegan Breaded Chicken	CA\$5.00
Cheddar Cheese	CA\$2.00
Blue Cheese	CA\$2.00
Breaded Chicken Breast	CA\$5.00
Bacon	CA\$4.00

Weekly Specials - Lunch & Breaky

Bratwurst Benny	
Chicken, Mushroom & Leek Pie	

Lunch & Breaky

Bratwurst Benny	
Chicken, Mushroom & Leek Pie	

Drinky Menu - Coffee

Americano	
Aussie Cap	
Affogato	CA\$6.00
Caramel Macchiato	
Cappuccino	

Drinky Menu - Not Coffee

Apple Juice	
Chai Latte	
Cranberry Juice	
Grapefruit Juice	
Lemonades	CA\$6.00

Drinky Menu - Smoothies

Mixed Berry	CA\$7.00
Tropical	CA\$7.00
Green	CA\$7.00

Drinky Menu - Kombucha / Sodas

Ginja Ninja	CA\$4.50
Wild Cherry	CA\$4.50
Berry The Elder	CA\$4.50
Pocari Sweat	CA\$4.50
Celcius : Watermelon Lemonade	CA\$4.50

Drinky Menu - Fall Drinks

Biscoff Latte	
Coldbrew With Pumpkin Foam (16oz)	CA\$7.50
Pumpkin Chai With ColdFoam	
Pumpkin Spice Latte	
Apple Cider Slushy	CA\$7.00

Coffee

Americano	
Aussie Cap	
Affogato	CA\$6.00

Caramel Macchiato

Cappuccino

Not Coffee

Apple Juice

Chai Latte

Cranberry Juice

Grapefruit Juice

Lemonades

CA\$6.00

Smoothies

Mixed Berry

CA\$7.00

Tropical

CA\$7.00

Green

CA\$7.00

Kombucha / Sodas

Ginja Ninja

CA\$4.50

Wild Cherry

CA\$4.50

Berry The Elder

CA\$4.50

Pocari Sweat

CA\$4.50

Celcius : Watermelon Lemonade

CA\$4.50

Fall Drinks

Biscoff Latte

Coldbrew With Pumpkin Foam (16oz)

CA\$7.50

Pumpkin Chai With ColdFoam

Pumpkin Spice Latte

Apple Cider Slushy

CA\$7.00

Dessert Menu - Cheesecakes

Oreo

CA\$9.00

Lemon Crumble

CA\$9.00

Biscoff

CA\$9.00

Salted Caramel

CA\$9.00

Apple Crumble Carmel

CA\$9.00

Dessert Menu - Cookies

Salted Chocolate Chip	CA\$3.50
GF Monster Cookie	CA\$3.50
Feature Cookie -Party Cookie (CONTAINS NUTS)	CA\$3.50
Brownie Egg	CA\$5.00
Brownie Chocolate	CA\$5.00

Dessert Menu - Scones/ Brownies

Sweet	CA\$4.50
Savoury	CA\$4.50
Brownie-Cocolate Nutella	CA\$5.00

Dessert Menu - Tiramisu/ Special

Strawberry Banana Tiramisu	CA\$10.00
Apple Rum Raisin Cake	CA\$4.00
Honey Cruller	CA\$4.00

Cheesecakes

Oreo	CA\$9.00
Lemon Crumble	CA\$9.00
Biscoff	CA\$9.00
Salted Caramel	CA\$9.00
Apple Crumble Carmel	CA\$9.00

Cookies

Salted Chocolate Chip	CA\$3.50
GF Monster Cookie	CA\$3.50
Feature Cookie -Party Cookie (CONTAINS NUTS)	CA\$3.50
Brownie Egg	CA\$5.00
Brownie Chocolate	CA\$5.00

Scones/ Brownies

Sweet	CA\$4.50
Savoury	CA\$4.50
Brownie-Cocolate Nutella	CA\$5.00

Tiramisu/ Special

Strawberry Banana Tiramisu	CA\$10.00
Apple Rum Raisin Cake	CA\$4.00
Honey Cruller	CA\$4.00

Add Ons/ Extras - Extras

Avo Slices	CA\$4.00
Bacon	CA\$4.00
Beef Patty	CA\$6.00
Breaded Chicken Breast	CA\$5.00
Blue Cheese	CA\$2.00

Add Ons/ Extras - Add-Ons/Extras

Avo Slices	CA\$4.00
Bacon	CA\$4.00
Egg	
1 GF Potato Cake	CA\$2.00
2 GF Potato Cake	CA\$4.00

Add Ons/ Extras - Sauces/ Dip

Buddha Dressing	CA\$1.00
Beet Hummus	CA\$1.50
BBQ Sauce	CA\$0.50
Chipotle	CA\$1.00
Garlic Mayo	CA\$1.00

Sauces/ Dip

Buddha Dressing	CA\$1.00
Beet Hummus	CA\$1.50
BBQ Sauce	CA\$0.50
Chipotle	CA\$1.00
Garlic Mayo	CA\$1.00

Merch - Coffee

Multiply Bus Stop	CA\$20.00
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Eatology, located at 3100 30 St, Vernon, BC, is a delightful destination for anyone craving a satisfying and flavorful meal, particularly when it comes to breakfast. Their menu offers a range of mouthwatering options, ensuring there's something for every palate. Whether you're in the mood for a classic breakfast or something with a twist, Eatology has you covered with dishes that promise to start your day on the right note.

If you're a fan of Eggs Benny, the signature dish of any breakfast lover, Eatology's version is a must-try. Their Eggs Benny menu includes several tempting variations like the Full Smoked Salmon & Pesto, which combines the rich flavor of smoked salmon with the vibrant taste of pesto. For those who prefer a lighter option, the Half Smoked Salmon & Pesto is a great choice. If bacon is more to your liking, you can enjoy the Full Bacon & Tomato, a hearty combination of crispy bacon and juicy tomatoes. Or, if you're after something more traditional, the Full Classic Ham version offers a classic, delicious take on this popular breakfast dish.

For waffle lovers, Eatology's Chicken 'N' Waffles is a unique and satisfying choice. The combination of crispy chicken and fluffy waffles, drizzled with syrup, is a mouthwatering experience. If you're craving something a bit more simple but just as delightful, the Single Waffle is perfect for those who enjoy a lighter treat.

Pancakes are another popular choice at Eatology, and they don't disappoint. Whether you prefer a Single Plain Cake for a simple start to your day or the indulgence of a Triple Plain Cake, their pancakes are always soft and delicious. For something with a burst of flavor, try the Single Blueberry Cake or its more indulgent version, the Triple Blueberry Cake. If you're a fan of sweet treats, the Single Choc Chip Cake or the Triple Choc Chip Cake will surely satisfy your cravings.

French Toast enthusiasts will find a variety of options to enjoy. You can start with the Single Slice French Toast, a light but satisfying choice, or go all-in with the Triple Slice French Toast for a more indulgent experience. For a unique twist, try the Half Stuffed French Toast - Peach, which features the sweet and tangy flavor of peach filling. If you prefer the full stuffed experience, the Full Stuffed French Toast - Peach offers a richer, more decadent dish.

For those who want a truly hearty meal, Eatology's Hearty menu is perfect. The Big Breaky is a great choice for anyone who wants a filling and satisfying meal to kickstart their day. If you're looking for a smaller option, the Half Breaky offers a more compact version but still delivers on taste. If you love the heat of Mexican flavors, the Full Mexican Skillet and Half Mexican Skillet are packed with bold and savory ingredients like eggs, peppers, and spices. And for a comforting, filling option, the Full Corned Beef Hash is a crowd-pleaser with its rich and savory flavors.

Eatology's menu isn't just about breakfast classics - it's about offering something for everyone, with a focus on high-quality ingredients and bold flavors. Whether you're in the mood for something sweet, savory, or hearty, you'll find it at Eatology. The diverse selection ensures there's a perfect dish for every type of breakfast lover, making it a great choice to start your day in Vernon.